

**LEISURE CLUB**

**Heated Swimming Pool – Sauna – Spa – Solarium – Gym**

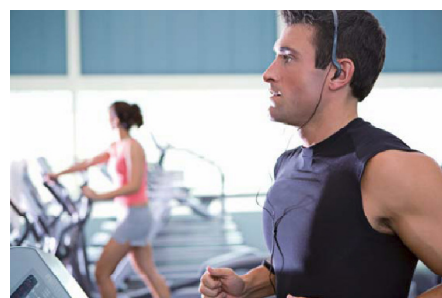
**ANNUAL MEMBERSHIP**

Single membership	
Peak	£420.00 per annum
Off Peak	£360.00 per annum
Joint Membership	
Peak	£740.00 per annum
Off Peak	£620.00 per annum



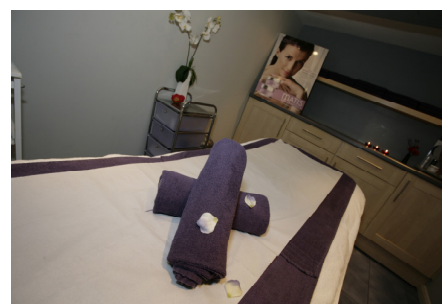
**DIRECT DEBIT PAYMENTS**

Single membership	
Peak	£37.00 per month
Off peak	£32.00 per month
Joint membership	
Peak	£65.00 per month
Off peak	£55.00 per month



**FAMILY MEMBERSHIP**

2 adults & 2 children aged 5-15yrs	
	£82.00 per month
	£880.00 per annum
(Children under the age of 14 must be accompanied)	



**CORPORATE MEMBERSHIP**

£32.00 per month per person  
(Min 5 people)

**STUDENT MEMBERSHIP**

£30.00 per month per person  
(With a valid student ID)

**ONE MONTH MEMBERSHIP** £45.00 per month + £15.00 joining fee

**JOINING FEE FOR ANY MEMBERSHIP: £30.00**

**Serenity Beauty Salon**  
**01403 892555**  
**Cisswood Leisure Club**  
**01403 891933**

**OPENING TIMES** MONDAY – FRIDAY: 6:30am – 12:00pm & 14:00pm – 21:15pm.

SATURDAY: 8.00am – 19:15pm / SUNDAY: 09:00 – 18:00pm.

Off peak membership hours: 8am – 12pm & 14:00pm – 16:00pm & anytime weekends & bank holidays

Note: last swim & gym ½ hour before the club closes.

**TEL: 01403 891933**



**CISSWOOD HOUSE  
HOTEL**

WEST SUSSEX

**SERENITY BODY & SKIN CARE**

**Our signature treatments for both men & women**

**Serenity Massage**

Revitalising salt scrub, hot mitts and a relaxing massage with your choice of warm blended oils:

Back & Neck	30mins	£28
Full Body:	60mins	£55

**Serenity Time Out**

Our relaxing back & neck massage followed by a Discovery Facial, to refresh & rejuvenate your skin:

	60mins	£55
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**Serenity Indulgence**

Our signature full body massage & Discovery Facial:

	75mins	£65
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<b>Indian Head Massage</b>	30mins	£30
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<b>Prescriptive Facial :</b>	60mins	£48
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(A prescriptive facial, designed to meet the needs of all skin

**OPI Manicure & Pedicures**

Prescriptive Luxury Manicure: (heated mitts, full manicure & polish)	75mins	£40
Serenity Express Hands: (exfoliation, shape & polish)	30mins	£28
Luxury Pedicure: (heated mitts, leg & foot mask, full pedicure & polish)	75mins	£40
Serenity Express Toes:	30mins	£28

**Eyes**

Eyebrow shape	15mins	£10
Eyebrow tint*	10mins	£8
Eyelash tint*	15mins	£12
All three together:		£26

(\*Patch test required minimum 24hours before)

**Australian Body care Tea Tree Waxing**

Full leg & Bikini:	50mins	£30
Full leg:	40mins	£25
Half leg & Bikini:	40mins	£24
Half leg:	30mins	£18
Bikini & underarm	20mins	£18
Bikini	15mins	£12
Underarm	15mins	£10
Arms	20mins	£16
Eyebrows	15mins	£10
Lip or chin	10mins	£8

**For Him**

Hand Care: (cuticles, cut & file)	30mins	£26
Foot care (exfoliation, soak, massage, cuticles, cut & file)	30mins	£26
Back and Neck:	30mins	£30
Chest Wax:	prices from:	£12
Back Wax:	prices from:	£12
Eyebrow Tidy:	15mins	£10

Please note that all timings are approximate and do include consultation time\*

You will feel soothed, de-stressed, revitalised and ready to plunge back into everyday life.

For further details and to book your appointment, please call: **Reservations on 01403 892151**

**\*\*Standard 24 hour minimum cancellation policy applies\*\***

